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House Healing Adventures

Heidi Petersen

What sort of energy or living environment feels like home to you?

Recently I was called to a house in which a healing arts practitioner, two musicians and an artist were living together communally. While each of their bedrooms held the unique and personal energy of

that individual, the shared living spaces revealed the agreements that the inhabitants undertook by choosing to live in that house.

In particular, the difference between the upstairs and the downstairs was dramatic. The sitting room upstairs held a formal energy of societal values and family judgment; it maintained a vibration of, "What will the neighbors think?" Meanwhile, the downstairs was relaxed and creative but with the feel of a romper room. It contained permission for one to be oneself, but not for one to be oneself as an adult. One unwritten energetic rule of the house was that self-expression should be nurtured in children, but that adults should express themselves exclusively in ways that society condones, ways that will be impressive to others

The people who lived in this house did not share the view held in the energy of the house. They strongly believed that it benefits adults to practice and honor their own path of creative self-expression. Why then are they living in a house that does not support their values?

Family issues run deep. Our homes can provide us with an opportunity to heal our child-hood wounds. After all, we are attracted to homes whose energy is familiar to us. This house reflected the values and attitudes in which these free spirits were raised.



ration long ago, this house provided them with the chance to work with the energy of their family of origin, to develop some neutrality toward it, and to release it from both their personal and living space. In that way, they are in the process of creating a living environment in which they are nurtured. By receiving a house healing, they accelerated that process by seeing their situation consciously, and they reset the energy of the house in a way that reflects their current intention.

It may be worthwhile to reflect on the extent to which you may be grappling with issues that revolve around your family of origin by having chosen the particular living space in which you reside. Part of knowing yourself is recognizing the energies around you that are not your own. Does your current living situation embody specific qualities of your childhood home life? If so, and if you are ready to release that vibration, know that a little neutrality and a little amusement about any situation go a long way toward healing it.

Heidi Petersen provides clairvoyant readings, energy healings and house healings. As a staff member of the Psychic Horizons Center in Boulder, she teaches house healing techniques to their students. For more information, or to schedule an appointment, please call Heidi at 303-652-2491.

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JOY AND PPINESS

Cher Huesers

We are the people of the West, people of the East, people of the North and people of the South. We have all come from various places. We are all in the right place at the right time. However, we usually do not think that way when we are going through our daily struggles.

Daily struggles include those emotions of anger, frustration, and tiredness; with fear being the basis or foundation. We want to be clear of fear. Of course, Mother Earth even feels this fear. If we can clear the fear, which is at the bottom of our issues, can you imagine how much lighter we would all feel? We are all bright lights. Nevertheless, we do have those healing issues to work with so we can let our light shine even brighter.

From personal experience, I can certainly attest to the practice of clearing and healing. Shifting energies so that we can be rid of the old and bring in the new. Releasing those fears brings in happiness and renewal and clears the blocks that prevent us from healing. Yes, there are even fears to confronting those fears. (But, didn't we have a fear of getting on a bicycle without training wheels? Look at how successful we were! (Now if I could just ride without using my hands—major fear!)

Fear is our number one force of preventing forward movement in life. Positive affirmations help us to bring in new energies, which are wonderful in their own special way. and changes the thought process. However, are we really releasing those old pent-up energies? It took me awhile to get rid of the negative energies of Queen Rita. (A rich queen that did not want to share!) I was able to release those energies and bring in new, enriching energies for my Soul, Mind and Body.

Now it is time to move on. How is it that we move on? There are other energies that lie beneath, as in layers. We uncover layers at a time. Yes, it can be down right draining! Nevertheless, hindsight has taught me the benefits of all the hard work, the tears, anger, frustration and that it is worth it Vale la pena! What is my next step? HA, God only knows! Nevertheless, I know there will be joy and happiness at the top of the stairs.

My blessings to all of you that also follow your true path, your Light, and bring in the abundance and glory of Oneness.

Cher Huesers practices and teaches healing energy, clears blocks to healing, channels for others to connect with their own guidance and with those that have crossed over. Her love of teaching helps in the healing of all involved in following the path of truth. Contact Cher at 970-613-8298 or cher1elizabeth@yahoo.com.

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